

Body Treatments

Our state of the art skin & body treatments will pamper your body & soothe your soul. To enhance your treatment we will recommend an easy home care routine for you. All body treatments are available as a one off - in a course results are sensational.

Most of our relaxation body treatments are completed in our innovative thermal body treatment capsule which incorporates aromasteam, rainforest shower, as well as LED colour therapy. The capsule provides an incredibly soothing, warm, pleasant & hygienic treatment. It allows algae & mud masques to effectively activate & infuse the essential nutrients to enhance the body's natural detoxification process. Leaves you feeling totally relaxed while your body & soul harmonize for an inner radiance.

Algae Detox - (1hr) \$140

The original marine algae wrap that is rich in vitamins & minerals. This treatment boosts the metabolism & assists in the reduction of fatty deposits, fluid retention & toxins (cellulite) by detoxifying the skin tissue. A wonderful relaxing treatment that gives a feeling of general wellbeing & relieves aches & pains.

Island Hydrating Wrap - (1hr) \$140

Hydrating your skin and detoxifying your system, this treatment will leave your mind renewed & body restored. Relax and enjoy as milk from the coconut combined with macadamia and coconut oil are gently massaged into the skin with pure cane sugar and tropical nut oils ridding the body of dead skin, revealing new healthy skin as well as strengthening the skin's elasticity and replenishing moisture loss. This is followed by a body masque application, and warm oil scalp massage & finishing off with a luxurious body butter.

Tone and Glow - (1hr) \$140

Combat the visible effects of skin aging and restore the appearance of a younger, more toned body with Pure Fiji's Signature Guava products. This treatment begins with a raw cane sugar scrub followed by a warmed oil massage and body butter application. This ritual is completed with a warm oil scalp massage. Our anti-aging botanical blend is enriched with guava fruit to tighten and tone the skin whilst hydrating, nourishing and leaving skin shimmering with a healthy glow!

Beautiful Back - (45mins) \$89

This total back treatment includes a cane sugar back scrub, a hydrating samk & a relaxing massage.

Body Bliss - (45mins) \$89

A full body exfoliation that will leave you feeling refreshed & alive. Followed by rehydration with a sumptuous moisturiser.

Reflection of Paradise - (75mins) \$199

This total body indulgence will transport you to a dreamy state of relaxation. We begin our treatment with a soothing soak in our hydrotherapy spa. This is followed with a deeply exfoliating body scrub, body mask & finishing with a hydrating body lotion. Your skin will be smooth, your soul will be nourished & your mind will be calm.

Inch Loss Sea Clay Wrap \$140

6 pack of inch loss sea clay wrap \$695

12 pack of inch loss sea clay wrap \$1280

Guaranteed Inch Loss on your first visit! Great body wrap to rid the body of toxins with a firming & toning process. It is a totally safe, natural & effective treatment that uses natural sea clay containing herbal extracts & amino nutrients that open pores & draw out toxins from the skin & soft tissue layers. Very relaxing, no pain or exercise.

Bel Viso Body Tone (30mins) \$ 97 (45mins) \$140

Bel Viso Body Tone & Cellumant Mat (30mins) \$144 (45mins) \$177

6 pack (45mins) body tone & heat wrap \$695

12 pack (45mins) body tone & heat wrap \$1280

With the Bel Viso Body Tone there is no down time & results in just weeks. Benefits include inch loss, tightens & firms sagging muscles, relax & reshape the body, strengthen pelvic floor muscles, re-educates damaged muscles, reduces pressure on joints. The Cellumelt Diathermy heat body wraps work wonders in body contouring, cellulite reduction, detoxification, lymphatic drainage & in assisting with fluid & weight loss.

Ultrasonic Fat Cavitation (45mins) \$273

6 pack of Ultrasonic Fat Cavitation \$1100

Ultrasonic fat cavitation is a non-invasive treatment that uses low frequency sound waves that convert fat cells into liquid which can then be naturally drained by the body's own natural filtration system. Perfect for those stubborn, hard to move areas such as tummy, thighs, arms.

Hydrotherapy Spa

Geisha Petite Hydrotherapy Spa \$45

Spray Tanning

Full Body \$45

1/2 Body \$30

Bookings

A sanctuary for your body & soul...

Indulgence Skin Spa & Wellness Centre requires a 50% deposit or valid gift voucher number to confirm your reservation.

Gift Vouchers - from as little as \$25

You'll be popular with an Indulgence Skin Spa Gift Voucher, the perfect present for that someone special or as a thank you. We can make out a voucher for any amount or service. Purchase in store or online at www.indulgenceskinspa.com.au. Our vouchers are transferrable but non-refundable and expire 6 months from purchase. Please be aware that your voucher is like cash and all vouchers must be presented at time of treatment.

Time is precious!

To get to know you and your beauty needs (and take time out before your treatment), for your first appointment, please arrive 10 minutes early. It's important to remember to switch off your mobile phone to ensure relaxation for yourself & others.

Your treatment has been allocated a specified amount of time that we devote especially to you. If you arrive late, unfortunately you will lose valuable treatment time, as we have to be on time for our next client. The full price will be charged for the time allocated and treatments originally booked. Our therapists endeavour to run on time being mindful of not keeping you waiting; as we realise how precious your time is too.

Cancellation Policy

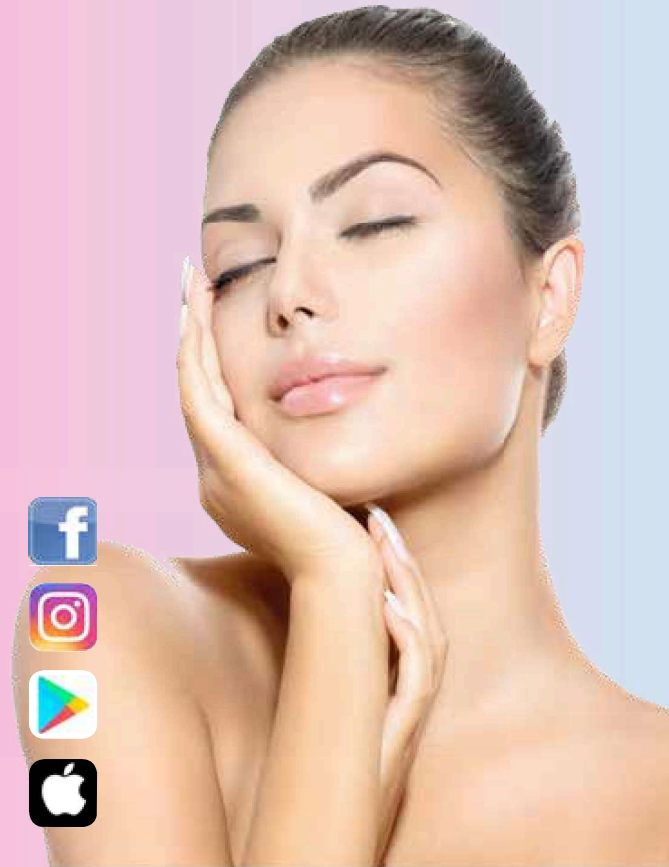
Last minute cancellations affect us greatly. The treatments/times you select are reserved especially for you & we allocate a therapist to you. We kindly ask that you provide 48 hours notice of cancellation of appointments over 1.5hrs in length to avoid cancellation charges. We require 24 hours notice for cancellations on all other appointments under 1.5 hours to avoid a 50% cancellation fee being charged. This also applies to gift voucher bookings.

Junior Spa-Goers

We're happy to accommodate junior spa-goers between 12 and 18 years when they are accompanied by a parent or legal guardian, along with a signed consent form.

Join our Loyalty Club!

We want you to enjoy the benefits & rewards of being a loyal client. Ask us about our current loyalty club offers.



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Facial Treatments

For long term skin health & youth, treat your skin to the most advanced therapies for skin management. Designed to correct existing skin problems, while also acting as preventative skin care, they are designed to repair the skin barrier for healthy, nourished, radiant skin. Treatments are uniquely customised to suit your skin concern and skin. Ideal for all clients including barrier impaired skin, sensitive skin, eczema, dermatitis, psoriasis, acne & other long term skin conditions.

Quick Fix (30 mins) \$95
Perfect for the busy person. Includes a deep cleanse, cosmeceutical strength AHA/BHA, vitamins A C E peel, a mask, followed by a light moisturisation.

Dermaviduals Express Therapy - Level 1 (40mins) \$125
A 40-minute intensive treatment that uses fruit enzymes to gently refine the skin's surface, preparing it for the infusion of active ingredients. Great for those times you need a lift but are short on time, will leave your skin glowing.

Dermaviduals Bespoke Facial Treatment - Level 2 (60mins) \$149
A fully customised bespoke facial expertly tailored every time to your skins needs. Unwind with a double cleanse, customised enzyme exfoliation, with a facial massage and a bespoke cream mask. The products and actives will be handpicked by your therapist to target your concerns to give an instant, healthy glow.

Dermaviduals Specialised Treatment - Level 3 (75mins) \$187
A treatment that addresses your skin health on a deeper level. The skin is refined, repaired, and brightened using potent actives giving back to the skin hydration, firmness and radiance. Your deluxe treatment will be customised for you and your skin whilst we nurture you with all the extras.

Skin Relaxation Facial (1hr) \$129
Indulge yourself with a facial that is designed specifically for your skin. Your skin will have a radiant glow, be smooth & nourished. This facial also includes a face, neck, & décolletage massage.

Radiance Plus (1hr) \$149
A true red carpet experience, this WOW cosmeceutical facial includes a deep cleanse, a cosmeceutical strength AHA/BHA, vitamins A C E peel, a three-step detoxing process followed by an indulgent massage using a creamy, hydrating mask, followed by a second therapeutic finishing mask. This treatment will leave your skin hydrated, radiant and youthful. Warning - this treatment is addictive!

Mindfulness Relaxation (1hr) \$149
Created to treat more than just skin, the Mindfulness Facial acknowledges that life is busy, people are time poor & that often there is little time left for self-love. Designed to treat the skin while experiencing a professional guided Mindfulness meditation session to calm, focus & inspire you. Includes a face, neck & décolletage massage to totally unwind & relax.

Microdermabrasion - Crystal or Diamond (45mins) \$149
We offer a choice of crystal or diamond microdermabrasion to give deep exfoliation. This is a relaxing and painless treatment which will effectively remove the layers of the skin which are dead, damaged and/or aged. This will intensively regenerate the skin, allowing healthy skin tissue to be brought to the surface. Ideal treatment for all skin types as the depth of peeling can be finely graded to suit your individual needs.

Non Surgical Face Lift (1hr) \$149
Our Non Surgical Lift machine has proven to give results that are dramatic, lasting and instant. You will see and feel the difference immediately! This treatment acts like a 'gym workout' for the face & neck to gradually build muscle (muscle memory) in order to decrease the appearance of lines and wrinkles. Our machine uses gentle microcurrents (similar to that in our nervous system) to stimulate the collagen, elastin and increase blood flow. This treatment will result in less visible lines and wrinkles, and more youthful looking skin.

Skin Needling/Collagen Induction Therapy (1hr) \$325
The most advanced Skin Management treatment available that increases natural collagen formation, regenerates, rejuvenates and revitalizes the skin. Minimizes fine lines & wrinkles, aids penetration of topical active ingredients, scar reduction. Suitable for all skin types with adequate pre-preparation.

Celebrity O2 (45mins) \$149
The A list celebrities' favourite facial. This facial combines powerful anti-aging ingredients - hyaluronic acid, vitamins, antioxidants & peptides to dramatically transform the look & feel of your skin. Targets fine lines, wrinkles, dry, dehydrated, aged skin, sensitive & sun damaged skin. Your skin will be re-hydrated, healthy and plump.

Needle Free Mesotherapy (45min - 1hr) \$179-\$259
Designed to stimulate the dermal layer of the skin using serums that contain vitamins, minerals, amino acids, peptides and antioxidants that rejuvenate, promote collagen and elastin production, improve hydration and increase skin metabolism.

Radiofrequency (45min - 1hr) \$179-\$259
Radiofrequency (RF) rejuvenates the face without surgery or downtime. The RF treatment uses bipolar radio frequency to heat subcutaneous dermal tissue. This causes the contraction of the existing collagen fibres, encourages fibroblast regeneration and promotes new collagen growth that helps tighten deep skin tissues.

Maximum Power Booster Duo (1hr) \$199
Do you want double the results! Talk to your therapist about a double peel or a peel with a Microdermabrasion, that's right, two treatments delivered consecutively.

Skin Stimulation Booster (45mins) \$149
The perfect booster for all skin types, an instant pick me up to awaken, renew and smooth even the most tired skins.

Retinol Maximum Corrector (45mins) \$149
The perfect Vitamin A anti-aging corrector, perfect for all skin types looking for skin health, repair and correction.

Resurfacing Skin Refiner (45mins) \$149
"The Serious" resurfacing peel, perfect for skins looking for intense skin correction and transformation.

Sensitive Skin Refresher (45mins) \$149
Pomegranate enzyme booster especially for sensitive, rough, dehydrated, inflamed & congested skins. Increases cell turnover and lifts redundant cells.

Pumpkin Infusion (45mins) \$149
Pumpkin enzyme booster promotes collagen and elastin production, improves the skin texture and evens out pigmentation.

Add the décolletage for only \$69

Boosters & Add-Ons to a Facial

These can be added to boost results and prolong the effects of your treatment. Ask your therapist to include one in your facial today!

Hyaluronic, Collagen, Pigmentation Booster **\$37**
Dermal Infusion Masks - Collagen, Vitamin C, Bio-Repair **\$57**
Dermal Infusion Masks - 24K Gold, Stem Cell **\$61**
LED Therapy **\$54**
Lymphatic Drainage **\$40**
Extra Muscle Stimulation **\$54**
Lip Renewing Treatment **\$30**
15min Back & Shoulder Massage **\$35**
10min Hand & Arm Massage **\$25**
15min Foot & Lower Leg Massage **\$30**

Eye Treatments

Better than Botox Eye Treatment \$45
Anti-aging Eye Treatment \$36
Collagen Eye Treatment \$36
Eye Massage Mask \$66
Revive your eyes. This ultra-relaxing treatment begins with a cleansing and gentle massage of the eye area. The Eye Massage Mask device is then used in conjunction with advanced eye products and either a warm or cold gel mask to massage the eye contour area reducing puffiness and dark circles and gently smoothing out any lines or wrinkles. The result is an instant rejuvenation of the eye contour area.

Massages

Aromatherapy Swedish Massage
Full Body (75mins) - **\$180** (60mins) - **\$125** /Back, Neck & Shoulder (30mins) - **\$75**
Warm Bamboo Massage
Full Body (60mins) - **\$137** / Back, Neck & Shoulder (30mins) - **\$80**

Joya® Crystal Massage Therapy
Full Body (60mins) - **\$137** / Back, Neck & Shoulder (30mins) - **\$80**

Mer & Sens Hot Stone Massage Therapy
Full Body (60mins) - **\$147** / Back, Neck & Shoulder (30mins) - **\$90**

Indian Head Massage (30mins) - \$75
Fijian Scalp Massage (30mins) - \$75

Waxing

Full Leg	\$56	Lip	\$18
3/4 Leg	\$46	Lip & Chin	\$28
1/2 Leg	\$36	Eye Brow Tidy (less than 4 weeks)	\$25
Top 1/2 Leg	\$41	Eye Brow Reshape	\$45
Extended Bikini	\$35	Complete Eye Brow Makeover	\$73
G-String Bikini	\$45	Middle Brow	\$13
Brazilian	\$64	Sides of Face	\$57
Underarm	\$22	Full Face	\$53
Full Arm	\$41		
3/4 Arm	\$35	Mens.....	
1/2 Arm	\$29	Back incl Shoulders	\$53
		Chest	\$48

Tinting

Eye lash **\$25**
Eye brow **\$18**
Eye lash & Eye brow **\$37**

Pedicures

Express Pedi (30mins) \$58
Enjoy a relaxing foot soak, a scrumptious foot exfoliation, followed with a trim & file of the nails, cuticle work finishing with your choice of nail polish.

Medi Pedi (1hr) \$82
The perfect solution for clients with dry, cracked skin on the feet. Enjoy a relaxing foot soak, a scrumptious foot exfoliation, followed by the application of Medi Pedi foot peel to dissolve dead skin. Followed with a trim & file of the nails, cuticle removal, a relaxing foot & lower leg massage & finishing with your choice of nail polish.

Paradise Pedi (1hr) \$82
Sit back, relax and be pampered from soul to sole. Starting with a ritual cleansing with coconut milk, followed by an exfoliation of natural occurring pure can sugar infused with essential oils, enzymes and coconut oil. A warm Body Butter wrap is then applied to the feet and while you are floating in paradise your legs are massaged with warm Coconut Exotic Massage Oil. Finally your choice of colour is applied to your nails to remind you daily of your excursion to paradise.

Divine Medi Pedi (75mins) \$97
A Medi Pedi with an added moisturising and softening warm or cold mask for that deluxe feel. You will feel like you are walking on air.

Polish Only \$23